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SF-BASED AUTHOR WRITES NEW NOVEL ABOUT HIV/AIDS NARRATED BY A PUPPY

Life on All Fours chronicles the experience of crisis, healing and love in the time of HIV/AIDS, told with the wide-eyed wonder of a puppy.

October 2014 | San Francisco, California

Dogs see things. They know things. What if we could see what they know as they discover it? *Life on All Fours*, a novel by David Fredrickson, uses that idea as the foundation of a moving story framed by love and loss—intimate yet epic, individual yet universal.

Set in 1997 San Francisco, against the backdrop of the HIV/AIDS crisis, *Life on All Fours* tracks the life-altering events affecting Ben Walker, his ex-wife Judy and their best friend Anthony. Beau, Ben's guileless but inevitably wise Field Spaniel, reflects on the human foibles and struggles around him, while immersed in his own adventures. His innocence offers a fresh, unencumbered perspective as he bears witness to the disease process, the redefinition of relationships, major life decisions, and ultimately, the creation of family.

While Beau's voice is playful and inquisitive, the novel asks deep and pointed questions about life. How do we find meaning amidst the uncertainties and vagaries of life? How can our relationships sustain us? How do we survive grief, heal our hearts, and embrace life fully in the face of grave illness and fears of death? There are no easy answers, but Beau's wonder at the world and the way he lives and loves teaches Ben and his friends invaluable lessons. As it turns out, with four—or even two—feet firmly on the ground and love to guide you, anything is possible.

Writer, advocate, and psychotherapist, David Fredrickson has dedicated his professional life to the psychosocial needs of underserved communities including at-risk children, adolescents, and families and those affected by HIV/AIDS. *Life on All Fours*, David's first novel, is dedicated to his dog, Rufus, who provided the inspiration for the narrator's voice in this story and sadly died upon the completion of this book. For twelve years, Rufus spread his joy of life among all he encountered. David's next project is a collection of short stories about Swedish immigration, migration, four generations of family, and identity within an evolving American society.

For More Information: Visit <http://www.davidafredrickson.com/press-kit/> for contact information, author bio, and photos. Review copies available upon request.

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